

Dr. C Vanlalhruaii

Assistant Professor

Areas of Interest

Health Psychology, Psycho-oncology, Physiological Psychology, Caregiver Health

Teaching: (UG/PG)

2015-2016: Contractual Faculty, Central University of Karnataka

2017 onwards: Assistant Professor, Centre for Health Psychology, University of Hyderabad

Membership

1. Life Member, Association of Health Psychologists
2. Member International Psycho-oncology Society (IPOS)
3. Member Mizoram Psychology Association

Publications

RESEARCH ARTICLES

1. **Vanlalhruaii, C.**, Gadiraju, P., Kopparty, S., Tiamongla. (2018). Quality of Life of elderly patients as predictor of their caregivers' Quality of Life. *Indian Journal of Gerontology; 32* (3)
2. Kopparty S., Tiamongla, **Vanlalhruaii, C.**, Hariharan, M., Gadiraju, P., & Rao, C.R. (2018). Children's understanding of cancer: Developmental trend in their conceptual complexity. Indian Journal of Public Health Research and Development, 9(10); 23-28.

3. Padmaja, G., **Chhakchhuak, V.**, & Rana, S.(2018). Cancer Specific Interpersonal Relationship Scale (CANSIRS): Construction and Preliminary Validation. *Journal of the Indian Academy of Applied Psychology; 44*: 296-306
4. Padmaja, G., **Vanlalhruaii, C.**, Rana, S., Tiamongla, & Kopparty, S. (2016). Quality of life of patients with cancer: A determinant of the quality of life of their family caregivers. *Journal of Cancer Education, 32*(3), 655-661. doi: 10.1007/s13187-016-1000-y. ISSN: 0885-8195 (print version); 1543-0154 (electronic version).
5. Padmaja, G., Tiamongla, Rana, S., **Vanlalhruaii, C.**, & Mohapatra, S. (2015). Do differences in place of living and gender affect self-efficacy and quality of life of university students? *Indian Journal of Health & Wellbeing, 6*(10), 953-957. ISSN: 2229-5356.
6. Padmaja, G., **Vanlalhruaii, C.**, Rana, S., Nandinee, D., & Hariharan, M. (2014). Care givers' depression, anxiety, distress and somatisation as predictors of identical symptoms in cancer patients. *Journal of Cancer Research and Therapeutics.* 2016 Jan-Mar;12(1):53-7. doi: 10.4103/0973-1482.146088. ISSN: Print -0973-1482, Online - 1998-4138.
7. Padmaja, G., Sushma, B., & **Vanlalhruaii, C.** (2014). Enhancing the Life Skills in Patients with Cancer and other Chronic Illness. *Humanities and Social Science Studies, 3*(1), e-27. doi: 10.4081/hpr.2013.e27. ISSN: 2319-829X.